



1st ANNUAL FUN IN THE SUN 5K RUN



Train Hard...
Play Hard...
Tri Hard...

1212 GOVERNMENT ST. • OCEAN SPRINGS, MS

JULY 20, 2013

USATF Certified Course Pending

Prizes
for Best Dressed
Representation of
Fun in the Sun!

EARLY REGISTRATION

In store registration at Tri Hard Sports starting July 1st.

- \$17.00 for GCRC Members
- \$18.00 for Non-Members
- \$10.00 for all students (age 18 and under)
- \$20.00 for all on race day.

Postmarked by July 13, 2013, early registrants will receive their T-shirts on race day.

STARTING TIME & LOCATION

6:30 P.M. at the corner of
Russell & Government Street

LATE REGISTRATION

5:00 P.M. July 20 at the Z Bar on Government Street.
\$20.00 all participants. Late registrants may have to receive their t-shirt by mail at a later date.

COURSE



AWARDS

TECHNICAL T-SHIRTS TO ALL ENTRANTS

Awards go to the first Overall Male and Female winners, Masters Male and Female, Grand Masters Male and Female, Seniors Male and Female, and to the top three finishers in each division of the race.

AGE DIVISIONS

MALE:		FEMALE:	
12 & U	40 - 44	12 & U	35 - 39
13 - 18	45 - 49	13 - 18	40 - 44
19 - 24	50 - 54	19 - 24	45 - 49
25 - 29	55 - 59	25 - 29	50 - 54
30 - 34	60 - 64	30 - 34	55 - 59
35 - 39	65 - 69		60 & O
	70 & O		

START / FINISH

START TIME IS 6:30 PM. Runners should arrive by 5:30 PM to receive numbers. All runners must pass through the chute and have their tab (attached to the race number) filled out completely at the end of the chute to be eligible for an award.

PARKING

Parking available in lots near the Z Bar on Government Street and downtown Ocean Springs.

REFRESHMENTS

Water on the race course, fruit, drinks & beer after race.

TRI HARD SPORTS 228-215-1199

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Race #



Train Hard...
Play Hard...
Tri Hard...

- CHECK ONE - T-SHIRT SIZES
- Youth Med. Small Medium
- Large X-Large

Make checks payable to:
Tri Hard Sports
914 Bechtel Blvd.
Ocean Springs, MS 39564
(Checks are non-refundable)

First _____ Last _____ Date of Birth ____ / ____ / ____

Address _____ Telephone _____

City _____ State _____ Zip _____ Sex ____ Age on Race Day _____

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Tri Hard Sports, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participating in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose.



____ / ____ / ____
Date

Signature (Parent or Guardian if under 18)